



Daily Reflection—July 1

THE BEST FOR TODAY

July 01

The principles we have set down are guides to progress.

ALCOHOLICS ANONYMOUS, p. 60

Just as a sculptor will use different tools to achieve desired effects in creating a work of art, in Alcoholics Anonymous the Twelve Steps are used to bring about results in my own life. I do not overwhelm myself with life's problems, and how much more work needs to be done. I let myself be comforted in knowing that my life is now in the hands of my Higher Power, a master craftsman who is shaping each part of my life into a unique work of art. By working my program I can be satisfied, knowing that "in doing the best that we can for today, we are doing all that God asks of us."

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A Note from Kerry H, SIG Office Manager

Hello Family!

The Meet & Greet was a success! The people that were supposed to be there were. I met a newcomer that had 4 days. The next time I saw her she had 11 days. This is what AA is all about! We get together as a recovery community so we can help each other live life on life's terms, so we can stay sober One Day At A Time. We learn how to heal.

I am amazed sometimes at how much serenity and peace I feel where there once was an empty hole. I can laugh at myself today and I smile when no one is around because I never expected to have such a wonderful life. If you do the work, the promises will come true!



Please take a moment to send some prayers of comfort to Lila K who lost her Mom this month.

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Step Seven: Humbly asked Him to remove our shortcomings

Honesty and humility are two crucial ingredients concerning our endeavors for sobriety. Step 7 is essentially about humility. To implement and practice Step 7 appropriately in our daily lives, it is best to be sure we have an accurate understanding of what humility actually is. The Merriam-Webster defines humility as “the freedom from pride or arrogance”. We all have inherent pride. However, do we possess modest pride or arrogant pride? Modest pride fills us with the good feeling of accomplishing something special and arrogant pride fills us with that same feeling but with the added sense of feeling superior to our peers. Hence, to be truly humble, we need to stop at the natural pride before allowing it to mature into feelings of superiority. This is the difference between arrogance and humility.

This modest humility is crucial to be successful when approaching Step 7. We can accomplish this by approaching our God as we understand Him with an attitude of modest humility and not arrogance. To approach Him in arrogance with our shortcomings defeats the purpose of asking God to remove them in the first place.

If the humility of Step 7 seems a little frightful, just remember that you have already taken your very first step toward humility when you admitted your powerlessness and unmanageability in Step 1. That same courage can help you with this Step as well.

The 7th Step Prayer has been helpful to me: “My Creator (My God), I am now willing that you should have all of me, the good and the bad. I pray that you now remove from me every single defect of character which stands in the way of my usefulness to you and my fellows. Grant me strength, as I go out from here, to do your bidding. Amen.”

So, if you have prayed this prayer, you might be wondering, “What now?”. Step 7 is an action step. Our work and our responsibility are now to use our energy with being disciplined and committed in our pursuits of our goal for long-term sobriety. It will require work for us to stand up for ourselves. We will need to be patient with ourselves as we accept and are mindful of the emotional discomforts we will be experiencing as we implement our new thoughts and behaviors. After I said the 7th Step Prayer, I began noticing some of my shortcomings in my daily life. I learned that this was part of the process of recognizing my flaws and shortcomings and this is how God helped me to be more self-aware. Before I knew it, He was helping me to see my flaw sooner and sooner and then we started to work on replacing it with a healthier alternative. There were also a few times where I really just struggled more with certain flaws of mine. I found myself praying more and I reached out to my fellow peers of AA for help, and I always found the answer - every single time. Remember our AA saying, “progress not perfection”. If you are making progress, even if it is just baby steps, then you are better today than you were yesterday.

by Sharon A



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“Faithful Fivers” are AA members who, in gratitude, contribute each month (\$5.00) toward support of the Savannah Intergroup Office. The Faithful Fivers idea came about by remembering how many of us wasted many times that dollar amount in far less time during our drinking careers. Enrollment is always open! Send name, address, phone to

sig.office@savannahaa.com



- Newsletter Staff:
- Carrie S: Layout Editor
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- Sharon A: Contributing Writer
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- Kerry H: SIG Office Manager
- Send submissions to:
- sig.office@savannahaa.com
- All entries welcome!

- | | | | |
|-----------------|----------------|---------------|--------------|
| Mike C 17 yrs | Chuck T 20 yrs | Ben W 1 yr | Angie D 1 yr |
| Barry C 20 yrs | Olivia A 2 yrs | Jordy D 5 yrs | Chris S 7 yr |
| Evan P 10 yrs | John B 1 yr | Tim E 17 yrs | |
| Claudia M 39 yr | Randy E 11 yr | | |



NEW MEETING

NOON DOWNTOWN

1427 37th St
 2nd Arnold Missionary
 Baptist Church

Tuesday O,D

Thursday O, BB Study

NEW MEETING

Queer Ideas

1st City Pride Center
 1515 Bull St

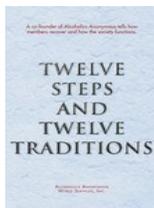


NEW MEETING

WEDNESDAY NIGHT LIVE

Saturday Night Live is hosting a new
 Open Step Study

Wednesday night at the clubhouse at
 10 pm.



Back in the Day AA Meeting

ZOOM ONLY

Closed Meeting

Tuesday and Friday at 4 pm

See our website to connect via
 Zoom

www.savannahaa.com

NEW MEETING

Freethinkers Speaker/Open Discussion Steps Meeting

Thursday 6 pm at St Paul's Episcopal Church 2nd Floor

Enter on the side of the bldg. at 34th St

Open Speaker Discussion Meeting on the Steps

Come one! Come All!



How do YOU work Step 7?

This month, in the spirit of humility, I asked others to speak on how they work Step 7. These were some of their responses:

My sponsor told me years ago, "Step 7 is simply the pause between the thought and the action." We seek guidance and practice restraint during that pause. It's all about awareness, surrender, and growth!

- Craig (New Horizons)

I recited the 7th Step prayer, which consists of one paragraph in the Big Book, after completing my 5th Step with my first sponsor. Figured I would be washed clean; not so. I have spent and will continue to spend a lifetime asking my Creator to relieve me of defects that stand in my way of being helpful to others. Long as I stay sober, I have the opportunity to get, be and do better.

- John K (Savannah Group)

My sponsor had me read the short portion of the Big Book that talks about Step 7, then sent me home to sit in silence in a room for an hour to communicate with "my Higher Power".

- Brandon (Men's Club)

It's not an overnight thing, but ultimately, it's about pointing out selfishness...I offer myself all to God, the good and the bad...and I want him to do with me as He will. So, I want him to take away anything that blocks my usefulness to my fellows and to Him. I want to be of maximum service to God and the people around me. I can't be useful when I'm only thinking about myself.

- Chris H (Early Bird)

Step 7 is all about humility. Asking God to help me with things in life that I am not so good at like patience, tolerance and just trying to be nice to people throughout each day which can be a real struggle at times BUT when I ask for that guidance it ALWAYS comes.

- Brian A (New Horizons)

Step 7 requires a position of humility, without arrogance, toward God or your Higher Power. As you understand Him, He will allow you to experience that power in removing your shortcomings. This humility is a necessary experience to moving towards a better understanding of the things we can and cannot do without a Power greater than ourselves to help complete Step 7.

- Tom (Early Bird)

It was the Step for me to turn it over to God and become aware of the defects that effect my life on a daily basis. That's where I had a spiritual experience.

- Dale R (New Horizons)

June YTD Financial Snapshot	
Operating Income	11,683.57
Operating Expense	<u>(14,419.32)</u>
Operating Gain/Loss	(2,735.75)
Merchandise Income	11,351.32
COGS	<u>(8,454.48)</u>
Merchandise Income	2,896.84
Ordinary Gain/Loss	161.09
Other Income	<u>24.30</u>
Net Gain/Loss	185.39



AA's Three Legacies

Step Seven: "Humbly asked Him to remove our shortcomings."



SINCE this Step so specifically concerns itself with humility, we should pause here to consider what humility is and what the practice of it can mean to us. Indeed, the attainment of greater humility is the foundation principle of each of A.A.'s Twelve Steps. For without some degree of humility, no alcoholic can stay sober at all. Nearly all A.A.'s have found, too, that unless they develop much more of this precious quality than may be required just for sobriety, they still haven't much chance of becoming truly happy. Without it, they cannot live to much useful purpose, or, in adversity, be able to summon the faith that can

Tradition Seven: "Every A.A. group ought to be fully selfsupporting, declining outside contributions."

SELF-SUPPORTING alcoholics? Who ever heard of such a thing? Yet we find that's what we have to be. This principle is telling evidence of the profound change that A.A. has wrought in all of us. Everybody knows that active alcoholics scream that they have no troubles money can't cure. Always, we've had our hands out. Time out of mind we've been dependent upon somebody, usually moneywise. When a society composed entirely of alcoholics says it's going to pay its bills, that's really news.

Probably no A.A. Tradition had the labor pains this one did. In early times, we were all broke. When you add to this the habitual supposition that people ought to give money to alcoholics trying to stay sober, it can be understood why we thought we deserved a pile of folding money. What great things A.A. would be able to do with it! But oddly enough, people who had money thought otherwise. They figured that it was high time we now—sober—paid our own way.

Concept Seven: "The Conference recognizes that the Charter and the Bylaws of the General Service Board are legal instruments: that the Trustees are thereby fully empowered to manage and conduct all of the world service affairs of Alcoholics Anonymous. It is further understood that the Conference Charter itself is not a legal document: that it relies instead upon the force of tradition and the power of the A.A. purse for its final effectiveness."



New Coins Just In!
\$3.00
Great for gifts!!!
Coin gift bags \$1.00
New keychains
Prices vary
Stop by the office to
check them out



2023 Wall Calendars are in
Stop by the office to get yours
\$15



Calendar—Meetings:

Intergroup:	7:00 pm Zoom	1st Tues
Grapevine:	9:00 am Zoom	2nd Sun
Treatment:	6:45 pm Pavilion	3rd Thurs
PI/CPC:	6:30 Club	3rd Wed
Corrections:	7:00 Zoom	2nd Tues
District:	7:00 Club	Last Tues
Newsletter:	4:30 Club	2nd Mon

Savannah Area Intergroup

Office hours—M-F, 10-4
 6205 Abercorn St., Suite 110
 Savannah, GA 31405
 912-356-3688 (24 hours a day)
sig.office@savannahaa.com
 Newsletter entries: sig.intheloop@gmail.com

Please note: Any donations made must be addressed to the appropriate group and sent to the appropriate address:

SIG: 6205 Abercorn St. Ste 110 Sav 31405

CFC: PO Box 14093 Sav 31406

District 5 Fund: POB 60493 Sav 31420

New Years Eve Fund: PO Box 13436 Sav 31416

Make check out to Georgia Alcoholics Anonymous

Memo line: NYE Committee

Book of the Month
Twelve and Twelve
POCKET EDITION
\$1 off


Seventh Step Prayer

My Creator, I am now willing that you should have all of me, good and bad.

I pray that you now remove from me every single defect of character which stands in the way of my usefulness to You and my fellows.

Grant me strength as I go out from here to do your bidding.

Amen

National P.I. & C.P.C. Working Group

Public
P.I.
Information

DISCOVERED

Ensuring A.A. Is Found By Those Who Need It

SAT, JULY 9, 2022

9:00 AM Pacific 12:00 PM Eastern



Who Is Responsible?

How Are We Reaching Those Still Suffering?

zoom Mtg ID: 878-0311-3474

Password: 411

Contact: Picpceastbay@gmail.com

Join us for an exciting
SPEAKER WORKSHOP!

Sunday July 10th

Starting at 2 pm until... (3 or 4pm)

In Person at the Clubhouse

1 501 Eisenhower Dr.

Or through Zoom

Meeting ID: 847 9601 1221

Passcode: 892035

Andrea P

Will present

SPEAKING TO NON-AA GROUPS!

Learn to speak in a non-AA meeting!

Help carry the message to the public in churches, DUI
schools and other non-AA communities!

An excellent opportunity to grow in service!

Sponsored by District 5 PI/CPC

THERE WILL BE SNACKS!

The First 164 pages of the Book
"ALCHOLICS ANONYMOUS"

Have no secrets, but there are a lot of things that folks 'miss'.



FRIDAY—July 22nd 6PM to 9PM

SATURDAY-- July 23rd 9AM until 6PM*

As

Larry S. (Ga.) & Tharin S. (Tx)

Unlocking the book

at

St Johns Lutheran Ch Hall

157 Lady's Island Drive, Lady's Island, (Beaufort) 29907

This event is being sponsored by the Grace Group
a \$30 admission is to cover the expenses of our guests and the use
of the hall. There are still seats available.

Come out, Revitalize those years of Sobriety or Get ready for
your adventures in Sobriety

CONTACT Carol R: 843 441 2500 or Tricia S 843 605 3090

*There will be a light lunch served

IS YOUR UNITY IN JEOPARDY? THERE'S A TRADITION FOR THAT!

WHAT IS: A WORKSHOP
ON HOW THE TRADITIONS
BRING UNITY TO AA
AND OUR RELATIONSHIPS

WHERE IS:
MIDWAY UNITED METHODIST CHURCH
215 MARTIN RD. MIDWAY, GA

WHEN IS: SATURDAY
AUGUST 13, 2022; 10am - 2pm
(REGISTRATION BEGINS AT 9:30)

JOIN US FOR
SPEAKERS SHARING THEIR EXPERIENCE ON ALL 12 TRADITIONS

FEATURING

- 1-3: Brad R & others from 7B (Warner Robins)
- 4: Michele H (Broad Highway)
- 5: Peri K (New Women's)
- 6: Joe W (High Noon)
- 7: Kelse (Sunrise Solutions)
- 8: Kerry H (Rincon)
- 9: Daniel (Men's Club)
- 10: Becky S (DCM, 5C)
- 11-12: Debra C and Jack C (Brunswick)

WITH A BBQ CHICKEN LUNCH BREAK
AND TRADITION THEMED JEOPARDY GAME!

ZOOM ATTENDANCE INFORMATION
MEETING ID: 876 8511 4747 PASSCODE: 960211

HOSTED BY ZONE B